



**WORKSHOP**, November 1st. 4:30pm-8:30 pm  
Itasca Community College (ICC) and North Central Research and Outreach  
Center (NCROC), **GRAND RAPIDS, MN**

**Broader access to local foods—more sales for local farmers.** **JOIN** with farmers, farmers' markets, agency and non-profit staff for a workshop on increasing local foods access for low-income people in our northeast Minnesota region. **LEARN** how food assistance programs like **WIC** and **SNAP** can include local foods; and see the wealth of resources that already exist throughout the region and state. **NETWORK** with diverse participants to form partnerships that will improve health in our communities and sustainability for local agriculture. Together, we can pool our resources and create pathways to bring our region's fresh local food to everyone.

## **SCHEDULE**

**4:30 PM** **Introductory session in Davies Hall Theater, ICC.**

Background on food assistance programs: SNAP, WIC, FMNP. Presentation by Blue Cross and Blue Shield of Minnesota (Blue Cross) about the "Market Bucks" program.

**5:30 PM** **Enjoy a delicious local food dinner in ICC Cafeteria!** Presentations by groups involved in planning the workshop. Informal discussion and networking.

**6:45 PM** **Break-out sessions.**

**Farmers and farmers' markets** (at NCROC): How to become certified to accept SNAP and FMNP: a hands-on guided tour through the application process.

**Community Food Access** (at Davies Hall Theater): How to get consumers to take advantage of programs to access local food. Community Action Duluth will present on their work in this area. [go on to page 2!>>](#)



**MORE SCHEDULE:**

7:30 PM Break for informal networking, snacks, and beverages

7:45 PM MFMA meeting at NCROC

7:45 PM Final group session in Davies Hall Theater.

For farmers not involved in MFMA meeting and all others. Facilitated discussion of ideas for northeastern Minnesota, question-and-answer time.

8:30 PM Facilities remain available until 9:30 pm for further one-on-one networking, small group discussion, access to resource people.

**PRE-REGISTRATION is required by October 26.** The \$10 fee can be paid at the door (cash or check only). Thanks to the generous support of Blue Cross, the registration fee is waived for the first 100 people to register; and travel scholarships are available for up to 40 attendees.

**Register online at:**

<https://cfans.wufoo.com/forms/scaling-up-access-to-local-food-workshop/>  
or contact Jane Grimsbo Jewett, [jewet006@umn.edu](mailto:jewet006@umn.edu) or 218-845-2832.

**This workshop is a collaborative effort** involving planners and presenters from Bemidji Area Farmers Market, Blue Cross, Community Action Duluth, Duluth Farmers Market, Grand Rapids Farmers Market, Itasca County Public Health, Minnesota Department of Agriculture, Minnesota Farmers Market Association, Minnesota Institute for Sustainable Agriculture, Minnesota Sustainable Agriculture Research and Education, Second Harvest North Central Food Bank, Statewide Health Improvement Program, Sustainable Agriculture Project at University of Minnesota-Duluth, and University of Minnesota Extension.

**WORKSHOP SPONSORS:**



For the health of all.

