A Healthy Diné Nation: Empowering Our Communities



Presented by Denisa Livingston, M.P.H. (Navajo Nation)

2016-2017 American Heart Association EmPOWERED-to-Serve National Ambassador

Monday, January 23, 4 p.m. Crosby Seminar Room, Northrup

Addressing #diabesity (diabetes and obesity) epidemic, the dominant culture of unhealthy foods, and the lack of healthy food access through tax laws and policies on the Navajo Nation.

"The bottom
line is 99% of our
grocery stores [on the
reservation] are unhealthy.
What we see and what
we're bombarded with, it's
like we have no choice."
- DENISA LIVINGSTON
Advocate, Dine Community
Advocacy Alliance



